

Thoughts from the Executive Director

Or Ponderings of a Perplexed Person...

April 2009

20 years ...

*And what I have learned is
that the ocean refuses no river...*

I know... I know... We turn on the news and we hear about jobs being lost, houses being foreclosed, the economy going to hell in a hand basket. Those are the kind of things you usually hear from us in our newsletters as we desperately appeal for your help in keeping our boat afloat. And I guess that is one of the reasons why we are here. Not only to take care of those who may lose their jobs, lose their homes, lose their hope, but also as a beacon to remind us all that the light always circles a full 360 degrees.

OPERATION: Sack Lunch celebrates it's **20th year** of operations in **2009**. Some of you have been with us as supporters since our inception, others are newcomers...All of you are the reason we have been able to weather so many storms and provide so many meals, and so much love.

We spring forward, we march forth, we never say die. And in the most frantic and stressful moments we remind ourselves why it is we are here. When a meal is prepared and served with care and love it nourishes far more than the body. It has the power to change a life.

During these strenuous economic times we continue to do what we have done so well for the past 20 years. **We trust...** We trust that we will remain stable enough to help those whose stability has faltered. We trust that you will help us. It is as simple as that.

OPERATION: Sack Lunch continues to provide outstanding service to the community; offering both service to those in need and opportunity for those with a desire to help. There are many in need... There are many who desire to help. The following testimonies from our clients speak louder than any appeal I can make.

Thank you for your continuing generosity.
Thank you for helping us to help them.

beverly graham

My name is **Bryant Tolliver**, I am "homeless" and have been living on the streets of Seattle for the past year and four months. Being homeless, meals are important. OPERATION: Sack lunch has provided me and thousands of other homeless men and women, like myself, with the opportunity of having a balanced, safe, clean, and healthy meal. I am blessed to be able to have breakfast, lunch, and dinner seven days a week, by the love and grace of OPERATION: Sack Lunch and the service at Seattle's Outdoor Meal Site, and by their many volunteers who commit themselves each and every day to serve and feed the homeless.

Slim-

a homeless person who volunteers from time-to-time for OPERATION: Sack Lunch helps pick up trash, loads and unloads the OSL meals from the van into the meal site. Thank you!!

Chocolate-

Due to my street addictions, OPERATION: Sack Lunch helps me regain my strength when I am ill, and haven't eaten in days. Thanks OPERAION: Sack Lunch I am grateful for all that you do.

Roger-

Homeless and new to downtown Seattle, no money and no food, when I asked where I could find a free decent meal, the first place people told me was the meal site under the bridge. Thanks OPERATION: Sack Lunch.

Cowboy-

I am homeless and work during the day at a junkyard. I be so tired and hungry when I get off, if it wasn't for the meal site under the bridge at night and in the morning, I don't know what I would do.

Lora-

Being a homeless woman, I am so glad there is a safe place for me to eat during the day and at night. Plus with a weak bladder OPERATION: Sack Lunch provides me with a place to use the restroom quick and easy.

Rico-

Coming from Mexico looking for work living on the streets with no food or food stamps, I used to fly signs for food (stand on the corner with signs)until I heard about a meal site under the bridge that feeds meals seven days a week. You guys "rock".

Cuba-

Wet hungry and tired one night, if it wasn't for OPERATION :Sack Lunch and its volunteers, who help me get a change of clothes, blankets and a hot meal, I might have ended up sick, or something even worse. They supply a great service to the homeless.

Trendy-

Young girls like myself need a safe place to eat, when living on the streets. I tell all my homeless friends about the meals served under the bridge by OSL.

New York-

I been eating at this meal site for years. OPERATION: Sack Lunch is the best.

Heather-

What else can I say; OPERATION: Sack Lunch has saved me time-after-time from going hungry in my time of need.

David-

I am a disabled homeless veteran, and it is OPERATION: Sack Lunch that feeds me breakfast and lunch. "GOD" bless you guys.

Steve-

I rely on OPERATION: Sack Lunch for my breakfast and lunch before work and on my lunch break. OPERATION: Sack Lunch does so much good for the homeless community.





Mission: Nutrition
Soulful eyes and Eager achievers.
Chef Patti Howard
Nutritional Consultant and Staff Educator

There are chefs, AC, Sekayi, Taran, Myshia, Elmer and Michael, who gather in the OPERATION: Sack Lunch kitchen and hustle to perform the time of their lives...feeding those who find themselves in the margins of society. The magic here is that these guys are discovering they don't just want to create food, they want to create an experience with food. They want to create the memory in our guests that they are holding the vibration of well-being. Each take pride in the mission of the OSL organization that not just any food will do. Quality foods, local if possible, organic when possible, and prepared with care, are badges of honor here.

There are a couple of drawbacks to this level of performing; the chefs find themselves working to keep up the pace and then a new pace is set, and so on. With this design, it's easy to lose the essence of who we are, and why we are there. Neglecting self care also burns us out, eventually running on empty and having not much available to share with others. One of the dangers in this is what we begin to taste in the food, and all this can become obvious. Have you ever listened to the 'echo' of the food that you are eating/or having eaten? Can you feel the energy of the person or organization that has created it? And, even if we are not aware of it, aren't we resonating to the same vibrational frequency as the food? I happen to believe we are. With that in mind, I concentrate to establish that eating what these chefs are creating is not a one-dimensional experience, as so much mass quantity food production can be. To help facilitate this, the chefs are learning self care techniques, from sufficient sleep to drinking water, breathing exercises, stretching, to opening communication with co-workers, all of which will enhance the creative process of cooking. We eat with our eyes first, nose second and then our mouths, so chances are one of these senses will inform us that 'tired' food presentation and flavors are a reflection of the preparers.

In addition to working alongside each chef in the kitchen, there is a weekly process of 'book learning' education. Since our first class on March 19, we have addressed the medicinal value of spices and which spices are best with which foods, reading the hidden messages on labels, eating healthy with the season in honor of our body's seasonal 'shift', organic and GMO production of food and the politics of these systems. These subjects have profoundly raised their awareness to their own eating habits as well as the preparation of food for others. In the coming weeks emphasis will be placed on how foods affect different organ systems in the body, along with utilizing foods to shift emotional energy.

I wear my duty here with pride and vision, sharing in the reason Beverly approached me several months ago to 'help raise the vibration and awareness in the kitchen'....she let it be a surprise that mine would be raised so lifted in the process. Even so, when I first walked in the kitchen, I experienced some blank looks when I began using my nutritional vocabulary, and now we are speaking nearly the same language. Each day I have observed the chefs embracing a new theory, a new spice, a new method and new ingredients. They listen, they have feedback, they have techniques that are working and that are inspiring to me, and they have the eagerness to learn what they can to fill in the blanks. "Knowledge is power", Elmer shouts across the kitchen with a wide grin on his face. And they are realizing their power more every day.

A common theme and goal in the OSL kitchen is to turn generously donated and carefully purchased products into a big heaping helping of love, and we're *usually* seen having fun doing it!

Chef Patti is working toward her Masters in Nutrition, has a private consulting practice in Langley, WA and joined OSL in February as a Nutritional Consultant and educator. Visit her website at www.chefpatti.com for more details.

And the Beat goes on...

By Krista Grimm
OPERATIONS DIRECTOR

Lately I have been thinking about the phenomena that we are experiencing in the outdoor meal line. We have seen increases over the last year that are very disturbing. When I was first hired at OSL five years ago it was during our "almost closing crisis". We had dropped our service down to two days a week, except for the meals for the First Place School for homeless children. Our line was fairly stable at that time. When we transitioned to the Meal Site at First Church, we saw increases and we began serving 5 days a week again, once our financial situation improved. When OSL was asked to manage the permanent Outdoor Meal Site two years ago our line began to grow and diversify. Recently our numbers have reached their highest point (since I have been with the organization), feeding 450 meals at a single meal. In these difficult economic times there are many new faces and new personalities. We strive to serve everyone while keeping with our goal of having a safe and clean environment for everyone. Though we have had some snags in the road, we continue to be there every day to feed those who need us the most!

Our thanks to the following organizations for their continued support of OPERATION: Sack Lunch and for making our work possible:

*The Compass Center, our kitchen host,
St. John Vianney, hosts our walk-in freezer and dry storage,
Food LifeLine and North West Harvest contribute thousands of lbs of donated food weekly,
City of Seattle, Human Service Department, for their continued encouragement and support.*

OSL BOARD MEMBER HIGHLIGHTS

One of the elements that allow OPERATION: Sack Lunch to continue our service and grow with the needs of the community is the committed time given to us by our Board Members. Below are observations by two OPERATION: Sack Lunch Board Members; Shane Steffen and Anne Alfred .

Shane Steffen

I am the head of Finance for a small software company in Seattle, WA called Envision Telephony Inc. We focus on call center recording software, and yes, calls really are recorded for quality monitoring purposes when you call your bank. Prior to working for Envision Telephony I spent 10 years in the Construction and Real Estate Development industry both as a Controller at Sabey Corporation and prior to that as an independent consultant implementing accounting software packages.

I am currently attending Seattle University getting my EMBA and have the privilege to be working with a group of fellow students on Food In Motion, which is a program in cooperation with OPERATION: Sack Lunch which helps transport food from NW Harvest in Kent to a group of Seattle Meal Providers once a week. This program introduced me to OPERATION: Sack Lunch and the wonderful work being done by them. I jumped at the opportunity to join the board not only to represent Food in Motion but to help OPERATION: Sack Lunch in any way I can-.

I was born and raised in a small farm community in North Western Wisconsin. I attended college at St. Cloud State University in St. Cloud Minnesota and started working as a software consultant not long after graduation in Minneapolis. In 1999 a job opportunity brought me to Seattle on a two year contract that has turned into a 10 year permanent move. My wife and I fell in love with Seattle and the people who live here immediately and it has become our home. Karen and I have been married for ten years and we have two children; Lucas will be 5 this summer and Genevieve is 2 1/2 going on 5 like her big brother. We are an active outdoor family that enjoys boating, camping, and hiking which make Seattle a great place to live.

Could YOU be an OPERATION: Sack Lunch Board Member?

Do you have experience, talent, or an interest in any of the following? Fundraising, Marketing, Volunteer Recruitment, Organizational Skills, Project Development, Graphic Arts, Web Design... ***Then we want and need you!***

Help keep our wheels on the road and be a part of an organization that has received numerous awards for it's radical compassion, social justice, and innovative service to the food-insecure in our State. Please submit a letter of interest to: info@opsacklunch.org OR CALL 866-277-9252

Anne Alfred

My interest in OSL began in 2001 when I was employed by Public Health – Seattle & King County as a health investigator/inspector/educator in the food safety program. I was fortunate enough to be able to choose my work and I chose to work with the ten percent or so of the 'foodstream' that goes to end users, eaters, without going through the retail process. What I learned on a regulatory level is shocking; that much donated or non retail food, that which goes to our most vulnerable persons, does not always receive the same protections that retail foods receive. Not only does it not receive the same food safety scrutiny as retail food, it is often cheap food of lower nutritional quality.

As I delved into the statistical world of food insecurity, I was amazed that over 50% of the food insecure are children and seniors, that many food insecure are employed, and gained a deeper understanding of the social and health issues around food. Out on 'my beat', I met the real live people who are these statistics, and I was touched, tutored, and honored to meet the people in many organizations who fight for them. I saw and felt the social, spiritual

Of course, that is where I met Beverly and OPERATION: Sack Lunch. I have watched over these several years the ever evolving love and ongoing commitment of OSL as they have scrambled and struggled and kept on going, assured, confident and undeterred in their belief that all humans deserve dignified nourishment. I have learned so much about life, stereotypes, graciousness, and honoring and valuing our fellow human beings.

In 2008 I left that job and knew I would miss my interaction with this community. When I saw a call for board members, I immediately responded, hoping that I could find a way to participate and stay in touch with these fabulous people I love.

I grew up in the Midwest, went to school in Montana, Boston, and Minneapolis, before settling in Seattle. I live in north Seattle with my multispecies family.

Operation Sack Lunch Wish List: NEW WHITE SOCKS.

Bottled water (12 to 16 ounces)

100% fruit juice

Personal Care items: toothbrushes, toothpaste, soap, hand sanitizer, shampoo, deodorant, combs, brushes, tampons, emery boards, hand cream, shaving cream, disposable razors

Thank you for your Contribution to our work!

All donations made to OPERATION: Sack Lunch are
tax deductible!

You can give to us through **UNITED WAY** by designating your donation to OPERATION: Sack Lunch. United Way allows each donor to designate their pledge to any non-profit organization of their choice. OPERATION: Sack Lunch may not be listed on the pledge form but you can **write us in!**

You can also donate at our website at www.opsacklunch.org by clicking on the green "Donate Now" button at the top left of our home page! This feature is provided by Groundspring.org and is fast, easy and secure!

***We are also happy to accept your credit card
or check donation!***

**OSL
PO BOX 1231
Clinton, WA 98236
1-866-277-9252**

Each meal the OPERATION: Sack Lunch team prepares and serves costs approximately **\$4.19**. We presently serve between 16,000 to 17,000 meals a month. Would you like an opportunity to be a part of the nutritional well being of the homeless and food insecure in the Seattle area?

I would like to sponsor **50** meals for the homeless and food insecure **\$211** _____

I would like to sponsor **100** meals for the homeless and food insecure **\$422** _____

I would like to sponsor **500** meals for the homeless and food insecure **\$2110** _____

I would like to sponsor an **entire day** or **1000** meals for the homeless and food insecure **\$4220** _____

NAME: _____

Please charge my credit card :

Expiration date: _____

SIGNATURE: _____



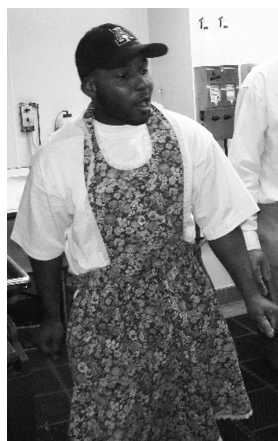
YVC YOUTH CORP with Chefs AC, Patti, and Taran



VOLUNTEERS FROM MONTANA



ATS AUTOMATION VOLUNTEERS



**YES BEVERLY,
REAL OSL VOLUNTEERS
AND STAFF ARE *NOT*
AFRAID TO WEAR YOUR
DONNA REED APRONS!!**

OSL STAFF MYSHIA

Worth a second look!

The meals that we serve each day would not happen without the love and dedication of the OPERATION: Sack Lunch Kitchen staff. The OSL staff always goes above and beyond the call of duty and stepping up to their own personal excellence. Pictured from left to right: Krista Grimm, AC Bush, Michael Johns, Myshia Drummond, Bottom row: Elmer Givens, Taran Graham, Sekayi Perkins



OSL OUTSTANDING VOLUNTEER



Bryant Tolliver has been volunteering with OSL for the last year and a half. He came to our line when he first arrived in Seattle. He immediately asked about volunteering as a way to give back to the organization for providing him with the nutritional meals needed to keep him going. Bryant started coming in and working a few hours at a time in the dish area. The staff soon realized his potential and began utilizing his skills throughout the kitchen. He began to take on major tasks such as organizing the refrigerator and freezer. He is an amazingly organized person and takes pride in knowing that he is giving back to the community. Bryant has logged well over 300 hours with OPERATION: Sack Lunch. He is well liked and appreciated by all the staff. On many occasions we find ourselves over loaded with tasks to complete and somehow he knows and shows up at the right time in the kitchen!

OPERATION: Sack Lunch Welcomes Food In Motion into the Fold!

Two years ago OSL began a partnership with FLL Seattle's Table to help rescue viable food from grocery stores and restaurants when Food Life Line trucks or drivers were unavailable. We share all the food and supplies we rescue with other providers who might not ordinarily be able to obtain the quality foods we were passing on. Our intent was to grow the program but time, staffing, and funding constraints delayed us. In steps **Food In Motion**, a team from the Executive Leadership Program of Seattle U. With OSL as the fiscal sponsor and the FIM teams enthusiasm, organizational skills, and fiscal resources, utilizing the OSL staff and refrigerated vehicle, our partnership provides food from Northwest Harvest in Kent to meal programs in Seattle. Although FIM/OSL is currently a one day a week project, as the program grows there is an intention to expand to more days. In addition to the delivery service, FIM includes a "personal shopping" element which allows meal programs to have their food hand-selected so that only acceptable products are delivered to their doors. OSL and FIM look forward to a long and productive partnership which will ultimately provide product to feed many people.

OUR VOLUNTEERS: Listed on this page are a few of the individual Volunteers and Volunteer groups that have participated with the OSL staff in preparing and serving more than **54,000** meals through the first quarter of 2009. They come from Idaho, North and Montana, Whidbey Island, Anacortes, Bellevue, Oregon, Maple Valley, and Seattle. For the first quarter of 2009 our volunteers logged more than **3500** volunteer hours and **3630** community service hours. (In 2005 OSL was instrumental in developing the City of Seattle's Municipal Community Court Program which allows offenders with poverty related crimes to work off their offense with community hours instead of jail time. Some continue to volunteer long after they have completed their service time.)

Volunteering with OPERATION: Sack Lunch is an excellent way to contribute to the greater good of our community.

These hours equate to more than **\$89,125. WOW! Thank you all so much!**

Come serve with us!

2009 First Quarter Volunteers				
GROUPS	Youth Volunteer Corp.	Gina Kim	Jennifer Knox	Cristi Erikson
	Zoodango	Joanne Huang	Vanna Waldron	Jason Koo
	ATS Automation	Maral Zarandi	Genevieve Lorenson	Stacy Lentz
	Woodridge Community School	Phoebe Merritt	Rose Jackson	Michael Nachban
	Mercer Island Day of Service	Derek Schulte	Nerissa Davis	Noah Lerner
	Bellevue High School Key Club	Julia Ball	Denise Ramirez	Tim Giles
	Raineir Christian School	Megan Weisfield	Michael Wauters	Arrianna McInnes
	Lakeside Middle School	Rachel Keylin	Mayra Carrillo	Alya Nguyen
	United Way Day of Service	Hannah Bahn	Amy Nguyen	Bjorn Payne
	Seattle Prep Urban Plunge	Kristine Fu	Chuck Butler	Barbara Palacios
	City Year	Naomi Pak	Susan Yoshikawa	Susan Roxborough
	TOPS	Harry Bolson	Sarah Cotton	Amy Magley
	Bellevue High School Key Club	Juli Gittelman	Cilrto McMullen	Marvin Stanton
	Bellevue Community College	Matthew Sellacek	Susan Yoshikawa	Robin Gage
	Seattle Academy	Trevor Reed	Shanglun Wang	Peter Clark
	Mercer Island HS Honor Society	Michael Rudohas	Nyssa Rogers	Ceddy Rhodes
	Americorps	Megan Fernandez	Andrew Tileston	Dominic Thomas
	Building Changes	Leah Li	Jason Harvey	Alice Edwards
	Compass Health	Paula Trepman	Boreum Kim	Spencer Thomas
	Kaplan Aspect ESL	Lilly Martin	Holly Groussman	Baileh Simms
	Girl Scouts Troop 450	Kyle Murphy	Mark Putnam	Christina Leonidas
	Girl Scouts Troop 52935	Mike Granger	Terra Chen	Hans Watkins
	Norman Rockwell Daisy Scout Troop	Dwight Krodsi	Erin Chambers	Megan McCall
INDIVIDUALS	Ana Madrigal	Nicky Stanley	Will Brattain	Carly Simmons
	Ingrid Haynes	Tedd Filips	Ingrid Haftel	Kristi Tollner
	Emeline Sears	Kathy Enlers	Charlie Corrigan	Alex Poolsen
	Emma Sinclair	Scott Muirheaz	Joan Weiss	Drew Beckman
	Adi Oltean	Richelle Krzyzanowski	Berk Algeg	Peter Christiansen
	Eliana Pollock	Linda Bounyaron	Kyoungmin Yi	Matthew Crawford
	Myrian Pollock	Shelley Henken	Kyuuan Lee	Amoni Teshome
	Jessica Hargin	Pete Segize	Hye Ju Hong	John Delany
	Selena Allen Shipman	Jerry Weatherhogg	Chi Kim	Alex Machelanz
	Elizabeth Shipman	Curtis Owens	Doo-Hyan Chang	Kathy Hardinge
	Virginia Lee	Brian Allen	Yoko Mamiya	Angela Hall
	Anne Groesser	Catherine Rosnack	Yuka Miura	Clark McReynolds
	Vladimir Mkrumyan	Rachel Deutseh	Mami Asano	Presha Laramore
	Ann Maranan	Nancy Galaviz	Rika Sugiura	Riley Coleman
	Niko Neido	Blake Smith	Saon Yoshida	Stefan White
	Thor & Randall Wampler	Terry Chen	Hyun Joon Sang	Sam Wahl
	Bryant Tolliver	Antonio Diaz-Carrera	Tanner Harlington	Sean Grady
		Alexander Vincent	Holly Naish	Patrick Leavy
		Emily Wise	Don Zemke	Kathy Smith
		Sean McDonald	Edmund Trangen	Emily Kim
		Will Holmes	Arell Hennings	Paige Suelzle
		Ammon Teo	Alec Hannaford	Brittane Randle
		Tony To	Tyler Cox	Dominique Randle
				Sabrina Scott
				Anna Duncan
				Magnus Giave
				Justin Wilkins
				Thor Wampler
				Laura Vong
				Calvin Lee
				Darrin Liu
				Rachel Deutsch
				Louisa Heywood
				Baillie Silver
				Kenzie McBrayer
				Alyssa Buchthal
				Megan Davis
				Abby Hu
				Emma Hall
				Lina Larson
				Kelly Silver
				Marianne Heywood
				Lindsay Backous
				Ellen Horn
				Elizabeth Hall
				Laura Bachthal
				Steve Haines
				Lori Eickelbeks
				Maya Zisette
				Natalya Czosyka
				Ryan Keo
				Will Leonard
				DeMarcus
				Coleman
				Andres Garcia
				Katie Toyoshma
				Xiaochun Lee
				Isabella Milton
				Allison Bircher
				Samantha Spinrad
				Katherine White
				Madeleine White
				Sofiya Mitchell
				Sydney Trzupek
				Karmen Trzupek
				Julie Bircher
				Anna Milton
				Myriam Pollack

During the first quarter of 2009 the following **79** Individuals, Corporations, Foundations, and the City of Seattle made it possible for OPERATION: Sack Lunch to provide **54,126** Nutritionally Excellent meals to the homeless and food in-secure in the Seattle area with contributions totaling **\$91,473.45**. We could not do it without you. **THANK YOU!**

Tom and Kelly Anderson
Michael Arians
Margaret Wold Armstrong
ATS Automation
Joan Banker
John & Michelle Boal
Joseph & Julie Bodmer
Eugene and Marilu Boe
Kathleen & James Borgman
Laurie Brown
Beverly & Bob Bruno,
Marlice & Richard Camus
Lois Cassidy
Stacey Castleberry & Craig McAllister
City of Seattle
City of Seattle Combined Charity Campaign
Joyce Collette
Costco
Kaye and Mike Downing
Jerrie & Al Drinkwine
Howie Ergan
Connie & Frank Fuda
Beverly Graham
Debbie Grimm
Sharon Heath
August and Diane Hendricks
Mary & Norm Hradec
Jan Hulteen
IBM Employee Services
Jewish Day School
Karthia Design Group
Johnson Haefling Family Foundation
Julie Keegan
Kevin Keeker
Latrisha Kelley
Shannon Kovack
Stephanie & Chris Larson
Beth Kristen and Mark Lindell
Emiko & Vincent Marx
John McMullen
Microsoft
Gretchen Murphy
Roger Myers
Jerome Nokes
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Cynthia & David Nowowiejski
Jim & Pat Nye
Kathleen Otley
John Ott
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Princess Tours
Naomi Riesgaard
Timothy & Kathy Ryan
Seattle Academy of Arts and Sciences
State of WA. Dept. of Personnel
United Way of King County
United E-Way
Father Thomas Vandenberg

Thomas Volkle
Susan Wagner
Rosemary Warren
Washington Mutual
Peter Wheeler
Delores & Tony Zimmerman

FOOD and PRODUCT DONORS
Food Life Line
JP Work and Associates
NorthWest Harvest
Capital Grill
The Space Needle
WAMU
Rock Bottom Brewery
Organic to Go
City Catering
R & K Foods
Charlies/ST Produce
Levy Restaurants (Qwest Field)
The Garage
St. John Vianney

The total number of breakfast, lunch and dinner meals, prepared and served by OPERATION: Sack Lunch through the **first quarter of 2009** is **54,126** for an estimated value of: **\$226,787.94**

In the **first quarter of 2009** OSL received **29,337** lbs of donated food, purchased more than **7435** lbs of food, and rescued more than **16,623** lbs of viable food from the waste stream.

OSL staff and volunteers have prepared and served **53,395 lbs** of food for those who are hungry in our community through **April 2009**.



Loaded van from a donated food pick up

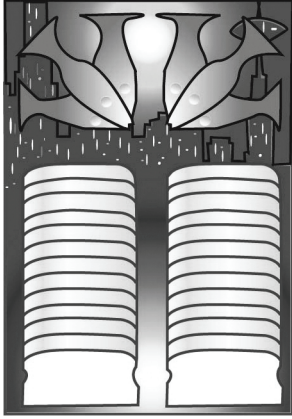


WALLS
OF
WATER
AND
MOUNDS
OF
MEATBALLS!

OPERATION: Sack Lunch

PO Box 1231

Clinton, WA 98236



OSL NEWS:
LOAVES
&
FISHES

"To provide dignity, care and compassion through action with the example that each person can make a difference.

To educate and advocate acceptance and understanding of each other's differences.

To ultimately bring about the realization that we are all a vital part of this world and with extended effort put an end to homelessness, hunger and hatred."



NUTRITIONAL EXCELLENCE:

A right we are born to not a privilege we earn

Partners in Compassion
City of Seattle
&

OPERATION: Sack Lunch

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